# Questions for *Your Surgeon*

Bring this to your consultation or pre-op visit. Write the answers down, or ask a friend to be your note-taker.

**Which medications and supplements should I stop, and when can I restart them?**

**What should I eat and drink before surgery, and when do I stop?**

**Will I have drains or a compression garment, and for how long?**

**Which position should I sleep in, and for how long?**

**When can I shower, and how do I care for my incisions?**

**What pain plan should I expect, and what helps with constipation?**

**When can I drive, return to work and exercise?**

**What symptoms mean I should call you, and what is the after-hours number?**

**When is my first follow-up visit?**

MY OWN QUESTIONS